

The 26th Symposium on Information Theory and its Applications (SITA2003) in Awaji Island

SITA2003 Secretariat*

Abstract—SITA2003 will be held in Awaji Island, Hyogo [1]. This document provides information on the spas in Awaji Island.

Keywords—SITA2003, Awaji Island, Hot Spa

1 Introduction

Awaji Island, also known as The Island of Flowers, Milk, and Oranges, located at the southernmost end of Hyogo Prefecture, is a beautiful island blessed with a mild climate and a rich natural environment.

The island, which is full of historic relics and cultural traditions originating in the Japanese mythology of Awaji being the country's first island, offers charm and a romantic atmosphere that attracts many visitors. This region is displaying a new charm as a tourist spot since the opening of the world's longest suspension bridge, the Akashi Kaikyo Bridge.

Moreover, some hot spas are located in Awaji Island. Below, the information on five spas is supplied.

2 Spas in Awaji Island

2.1 Iwaya Spa

The coastal spring is located near Iwaya Port, a northern entrance to Awaji Island. The coast, commanding a view of Akashi Strait, offers various activities including swimming and fishing.

- Address : Iwaya, Awajicho, Tsuna-gun, Hyogo Prefecture
- Hot Spring Water Quality : Emolient hypotonic cold mineral spring
- Effect : Rheumatism, arteriosclerosis, hypertension, etc.

2.2 Matuho: Beautiful Spa Land

The spa was just opened in November 2000. The building is designed in a Mediterranean-style. There are both Western and Japanese baths. Visitors can see Akashi Kaikyo Bridge, the world's largest suspension bridge, and can enjoy wonderful night views of illuminated Akashi Bridge and Kobe City.

- Address : Iwaya, Awajicho, Hyogo Prefecture
- Hot Spring Water Quality : Plain light radon spring
- Effect : Neuralgia, myalgia, arthralgia, frozen shoulders

2.3 Sumoto Spa

The largest spring on Awaji Island, issuing on the east coast along Osaka Bay. A spa filled with a relaxing seaside resort mood. Mt. Mikuma, at an altitude of 133 meters, stands behind, with Sumoto Castle on its top. Tourists can enjoy the wonderful view of Osaka Bay and Kitan Strait. At the foot of the mountain, there is a convenient Ashi-Yu, offered free of charge.

- Address : Yamate, Sumoto City, Hyogo Prefecture
- Hot Spring Water Quality : Light alkaline plain spring
- Effect : Neuralgia, arthralgia, myalgia, hemorrhoids

2.4 Minami Awaji Spa Town

Enjoy a tour around southern Awaji spa towns, visiting three springs named Nantan Spring, Shiosaki Spring, and Horai Spring respectively, each having different effects.

- Address : Fukura, Nantancho, Mihara-gun, Hyogo Prefecture
- Hot Spring Water Quality :
 - Nantan Spa: Sodium/Calcium chloride mineral spring
 - Shiosaki Spa: Sodium hydrogen carbonate spring
- Effect : Cold constitution, stiff shoulders, myalgia

2.5 Uzushio Spa

The spa is popular for good skin-care effects, mainly containing hydrogen carbonate ions and sodium ions. After enjoying the hot springs, visitors can also enjoy fresh seafood from the sea of Awaji.

- Address : Ikari Yunokawa, Seitancho, Mihara-gun, Hyogo Prefecture
- Hot Spring Water Quality : Light alkaline hydrogen carbonate spring
- Effect : Neuralgia, appetite promotion, esthetic effects

References

- [1] 2003 Awaji Yumebutai International Conference Center, "The Hyogo Prefectural Awaji Yumebutai International Conference Center," http://www.yumebutai.org/conf_e/index.html.

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